

Kids Camp 2019

Parent Information

June 24-25, 2019 • Riverbend Retreat Center in Glen Rose, Texas

Camp Verse: Philippians 2:4 NIV- ⁴ not looking to your own interests but each of you to the interests of the others.

BEFORE CAMP

- Make sure you are at ease about your child going to camp. If your child senses that you might be nervous, he or she will be nervous too.
- Visit the camp's website with your child. Seeing pictures of the campus, the staff and activities that they will be participating in is a great way for your child to be familiar with the camp before they even get there. www.riverbend.camp
- Talk about camp! Ask your child about his or her expectations or questions. Discuss what it might feel like to become homesick, but encourage your son or daughter to trust God's strength and plan on having a great time. Be careful not to discuss the option of calling home since Kids Camp discourages children to call their parents throughout their stay.
- Get excited with your child! Make going to camp a big deal. Post a large packing list on your child's wall and mark items off the list as you help your child pack. Share fun stories about your own camp experiences.

DEPARTURE AND ARRIVAL

- **Leave for Camp: Monday, June 24.**
 - Campers can arrive as early at 7:45am, but no later than 8:30am at **Campus West** (across the street from the church).
 - Parents, you will need to check in your child and turn in any medication before leaving.
 - Chris Burton will lead a prayer time for the camp at 8:30.
 - We will load the buses at 9:00am and pull out shortly after.
 - **Campers will receive a green 1st Kids Summer shirt on Monday morning. All campers will change into this shirt and can send the shirt they wear that morning home with parents.**
 - Be prepared to drop off medication separately from luggage.
 - Make saying good-bye as easy as possible. Be positive and encourage your child.
 - Lunch will be provided at camp.
- **Return from Camp: Friday, June 28**
 - We should arrive by 11:30am at **Campus West**.
 - More specific arrival time will be posted as we leave camp at www.facebook.com/crosscityKids

PACKING

- Please label EVERYTHING! Campers never remember or claim all the things that are not labeled.
- Each camper is allowed to bring one suitcase, bedding, & one small carry-on bag. Remember, your camper must be able to carry what you pack!
- Handy tip: Pack all bedding in a large handle-tie trash bag. Label with your camper's name! Put an extra bag inside for easy re-packing for the trip home.
- Luggage tags will be provided on Monday morning for all items put on the bus.
- Drawstring backpacks will also be provided on Monday morning. These are big enough to hold a Bible, notebook, and pen when traveling to Bible Study or towels, goggles, and sunscreen on the way to the pool.

WHAT TO TAKE

- Casual clothes for 5 days AND laundry bag or trash bag for dirty clothes
 - Lots of GREEN! Your child is encouraged (not required) to wear red during team competitions since that is our team color.
 - Shorts (must be at least fingertip length, no saggy pants)
 - T-shirts (no unacceptable words or pictures, no spaghetti strap tops)
 - Each camper will receive a camp T-shirt on Thursday afternoon. We will wear camp shirts to dinner and worship on Thursday evening and home on Friday morning. We will also wear them on Sunday, July 1st to church.
- Shoes: Tennis shoes and/or sandals (at least 2 pair) Tennis shoes are strongly recommended. Riverbend requires campers to wear tennis shoes to participate in zip-line and archery. Water shoes are great in the lake, but not a requirement. Many kids like flip flops for the showers as well.
- Pajamas, underwear, socks
- Swimsuit & beach towel
 - Girls may wear one-piece swimsuit or two-piece swimsuits if pieces meet so no midriff shows, or a t-shirt over a two-piece swimsuit.
 - No speedos or cutoffs for boys.
 - T-shirts or cover ups must be worn by girls and boys to and from water activities.
- Toiletries: soap, shampoo, toothbrush, toothpaste, deodorant, etc.
 - Campers will need to easily carry these items from the bunk room to the bathroom. Baggies or caddies are beneficial for this.
- Any medications that will be needed during the week. DO NOT PACK these in your luggage since you will turn them in at Campus West before we leave.
- Bath towel & washcloths
- Sleeping bag or sheets and pillow (Some kids like a light blanket too.)
- Flashlight
- Sunscreen
- insect repellent
- Water bottle (refillable and labeled with camper's name) Refill stations are located all around the campgrounds.
- Bible, pen, or pencil (Journal optional)
- Optional items if camper desires (Suggestions only)

- Disposable camera (Please label the camera and give instructions.), hat, sunglasses, swim goggles

WHAT STAYS HOME

- Any items that can't get really dirty
- Anything of value that you'll miss if it doesn't come back from camp!
- Electronics including cell phones (including on the bus ride to and from camp)
- Water guns, silly string, items for pranks
- Money or other valuables (No money for snacks or gifts)

MEDICINE – DO NOT PACK IN LUGGAGE!

- All medications (prescription and OTC) must be turned in Monday morning before departure.
- Please have the medications in a Ziploc bag with the camper's name and First Eules on the bag. Medications must be in the original prescription or OTC container.
- Medication cards will be available Monday morning. Two medication cards should be completed. One will stay with the medicine and will be given to the camp nurse. The other will go to the counselor.
- All medicine will be given to the camp health care staff for distribution. If your child uses an inhaler or an epi-pen, please bring one for the nurse to keep and one for your child's group leader to have at all times.
- The nurses have general things like Tylenol, but it is best for you to send specific allergy medicine if your child typically takes that when spending a lot of time outdoors.

If your camper has severe food allergies or special dietary needs, you may contact Riverbend at <https://www.riverbend.camp/camper-or-parent>

SNACKS

In addition to three great meals, snacks are provided at the canteen in the afternoon. This snack is distributed through snack tickets that are then redeemed at the canteen concession stand. These tickets are good only for the day they are given. Campers do not need to bring extra snacks or money for extra snacks.

MAIL

- **Letters/Care Packages:** Mail at camp is special, so use it to encourage your child. Be careful to not talk too much about home, but emphasize how proud you are of your child and how excited you are for them. You can write letters or put together packages beforehand that

FBC Euless will hand out while at camp. Drop these off at check -in at First Euless on Monday morning.

- Packages – Be sensitive to the fact that other campers may not receive any mail. We ask that packages brought be limited to one for the week.
- **Email at Camp:** You can email your camper during the week at the following address www.riverbend.camp/camper-email
 - On camp week, select June 24-28 Kids Camp Preteens
 - On camper’s church, enter Cross City
- **Camp also accepts snail mail at**
Your Child’s Name
Cross City Church
Kids Camp Preteens
Riverbend Retreat Center
1232C CR 411B
Glen Rose, TX 76043

PICTURES & VIDEOS

First Euless will post pictures on www.facebook.com/crosscitykids.

You may also check the Riverbend website at <https://www.riverbend.camp/riverbend-gallery>.

These are pictures taken by Riverbend Staff and will include pictures from various churches.

GIFT SHOP

Kids Camp keeps the gift shop closed during the week. If you would like for your camper to have a souvenir from camp, visit the Riverbend Tradin’ Post: <https://www.riverbend.camp/tradin-post-1>.

You may order online for your child and they will deliver it to them while at camp.

- Purchases from Riverbend Tradin’ Post – Please purchase an item to be delivered to your child instead of a gift card. Allowing them to go “shop” can be time consuming and overwhelming and usually ends up with them buying candy.

PHONE CALLS OR EMERGENCIES

Campers are not allowed to use phones during camp. In the event of severe home-sickness, illness, or emergency, someone from the Kids Staff or the camp nurse will contact a parent. Parents, please do not ask camp leadership to call you or allow your camper to use their cell phone during camp as this will not be allowed to happen.

If you need to contact our counselors, the following people are available. Please keep in mind that we are investing in your child at camp and may not always be able to answer your call right away.

Chris Burton (318) 789-8420

Ronni Holley (682) 203-7691

D’Ann Dodson (817)454-4796

Campers may also be reached for EMERGENCIES ONLY by calling the camp at 888.269.2363

BEHAVIOR EXPECTATIONS

Campers are expected to follow all camp rules, treat their leaders & fellow campers respectfully, and act in ways that are pleasing to God. Campers who continually choose to act disrespectfully, disrupt teaching times, or endanger themselves or their fellow campers may be sent home. Parents are responsible to pick up from Riverbend any camper who must be sent home for disciplinary reasons or becomes sick while at camp.

VISITORS

Parent visits disrupt your camper's routine and often cause any homesickness issues to be magnified. All visitors must be pre-approved by the Kids Staff in advance.

Guests visiting for more than one hour must complete the state required background check and child abuse prevention training course. Guests are not allowed to participate in Riverbend activities like archery tag, swimming, zip-lining, etc. No guests may stay overnight. All visitors MUST register at the camp office and wear a color-coded security band while on the grounds.

If a guest chooses to eat a meal at camp, they MUST call Riverbend at 888.269.2363 by the day before to make a reservation. Meals are \$8.00 per person.

PRAY FOR YOUR CAMPER

Your child is not at camp by chance, but by God's design. God planned for your child to be at camp. Pray for your child, that God will impact his/her life forever. Pray that God will use this week in your child's life as a time of fellowship, safe fun, and a deeper relationship with Him.

Pray for your camper as they discover how to put all the puzzle pieces together in their journey to living the transformed life through Christ and learn to piece it together to honor God.

Pray for those who lead and invest in your child this week. Ask God to bless them for the time they are impacting in your child.

Monday morning at 8:30, Chris would like to have all the parents to pray with, and over, the campers before they load up on the bus.

AFTER CAMP AT HOME

When your camper returns, be sure to watch the camp DVD together and talk with them about their camp experiences. Ask them what they learned about God and if they made any commitments to Christ. Ask to see their camper journal and encourage them to share what they learned at camp.

**We trust God that your child will have the best possible experience at camp.
Remember to wear your Camp shirt to Cross City on June 30th.
Thank you for sharing your child with us!**

CAMPER PACKING LIST

Comprehensive list for both Boys and Girls

8 T-shirts (Girls: - no spaghetti straps)

5-6 pairs shorts (Girls: no short shorts)

Underwear – 7 pr

toothbrush/toothpaste

Pajamas – 2pr

shampoo, body wash (easier than soap)

Socks – several

deodorant (please!)

Tennis shoes (a must!)

Flip flops (one pair)

Water shoes (optional, but great for the lake)

Shower shoes (flip flops can double)

Swimsuits – 2 (Girls: Must not show mid-drift if 2 piece, otherwise must wear a t-shirt over swimsuit.)

Cover Up (Girls: optional, but must wear a t-shirt/shorts over when not at lake/pool if they don't have a cover up and cover ups can't have spaghetti straps)

Sunscreen

Goggles (totally optional)

Sunglasses (send cheap ones, they'll get lost in the lake by day 2)

Swim Towel (Send one you don't mind getting ruined)

Hat (optional)

Hairbands (Girls)

Brush

Pillow

Light Blanket

Sleeping bag or Sheets

Bath towel/wash cloth (make sure these are clearly labeled – or other kids might borrow!)

Flashlight/batteries

Water bottle (Refillable kind)

Meds (See handout from church for specific instructions)

Bible Bug Spray

Pen Sunscreen

Helpful hints...

For toiletries - mesh bags with a large carabiner attached to it so you can hook it to the shower rod or shower head (look at Dollar Tree). The showers are really small and hard for taller people to bend over in to get stuff off the shower floor.

Extra carabiners are handy to attach water bottles or flashlights to backpacks.

WHAT TO EXPECT

Schedule will vary somewhat, but this should give an idea of a typical day.

Monday

7:45-8:30	Campers arrive at Campus West
9:00	Load buses and depart
11:00	Set up cabins Lunch & Celebration Time Afternoon water & free choice
6:30	Dinner
7:30-8:30	Worship
8:30-9:30	Inflatables and nachos
9:30-10:15	Ready for bed and devotionals
10:15	Lights out

Tuesday-Thursday

7:15-8:00	Wake up/Cabin clean up
8:00-9:00	Breakfast
9:00-9:20	Scripture Memory/Quiet Time
9:30-10:15	Morning Celebration & Team Challenge
10:30-11:30	Bible Study or Games (depending on color)
11:45-12:30	Lunch
12:45-1:30	Bible Study or Games (depending on color)
1:30-3:30	Free Choice or Water activities (depending on color)
3:30-5:30	Free Choice or Water activities (depending on color)
5:30-6:30	Cabin time
6:30-7:30	Dinner
7:30-8:30	Worship
8:30-9:30	Evening Activities (Tues. Luau at pool or Church Choice at amphitheater, Wed. opposite of Tues.; Thursday – Fireworks)
9:30-10:15	Ready for bed & devotions
10:15	Lights out

Friday

8:00-9:00	Breakfast, Cabin Clean up, Final celebration, and load buses.
11:30	Arrive back at Campus West